



Deus Solus Sufficit

"God Alone Suffices"

*Newsletter of the Discalced Carmelite Nuns
of Arlington, Texas*

June 2025

*Dear Friends
of Arlington Carmel,*

Praised be Jesus Christ!

May God grant you His special graces in this month of June, the month of the Sacred Heart, with its great Feasts of the liturgical year, Pentecost, Trinity Sunday and Corpus Christi.

We are grateful to God for the election of our new Holy Father, Pope Leo XIV. May the Holy Spirit guide him in the footsteps of Christ and according to the perennial traditions of the Church and the teachings of Her great Saints.

As Carmelites it is our vocation to pray for Holy Mother Church, for our priests, and for all of God's people. Every day we receive requests for prayer from our families, friends and benefactors and are so blessed to bring these intentions to Our Lord.

We are in the 67th year of our Foundation in the Dallas/FortWorth metroplex ~ praying and sacrificing for the Church, as the Good Lord has called us to do. It is the He who established this Monastery, and we are grateful to be His brides, giving our lives for both the local and Universal Church.

We are blessed to have the Traditional Latin Mass in our Chapel each morning. This Ancient Liturgy, which constitutes the essence of our Catholic Faith, compliments the contemplative spirit of Carmel. The riches of the liturgical texts nourish our souls with never ending treasures upon which to meditate.

In the following pages you will see photos from visits of our dear Bishop Bernard Fellay, SSPX, to our community over the past year, and our community life and work. We owe a tremendous debt of gratitude to the Society of St. Pius X for their willingness to accept us as



Our Sanctuary and Altar at Easter

an affiliated religious community.

In particular, we extend our gratitude to His Excellency Bishop Fellay, to the Superior General, Fr. Davide Pagliarani, SSPX, the District Superior, Fr. John Fullerton, SSPX, and the many other Society Members and Affiliates, and the faithful who have helped us in countless ways and have welcomed us with such warmth and generosity.

Please know that all of you, our longtime friends, are remembered in our daily prayers before Our Lord each day at Holy Mass and in the Divine Office. God bless you!

Your devoted Carmelites,

*Mother Teresa Agnes
and the Nuns*

*We are praying for
our Holy Father,
Pope Leo XIV.*



We had a beautiful Holy Week, Sacred Triduum and Easter! Fr. Ian Palko, SSPX, came to celebrate the Sacred Triduum for us. These sacred liturgies which speak to us so profoundly of the institution of the Holy Eucharist, the Sacred Passion of Our Lord, His burial and His glorious Resurrection on Easter are so moving and convey the reality of all that Our Lord endured for our salvation.

Here in Carmel we celebrate the Tenebrae, the Solemn Divine Office, for the three sacred days, and participate in all the sacred rites in a way that help us to truly live the liturgy and share in the footsteps of Our Lord on His way of suffering and redemption.

This year for the Paschal Vigil the Priest and Servers began the liturgy in our front courtyard, lighting the Easter fire and preparing the candle with the faithful attending while the Nuns waited in Choir in prayer.

We then had the full, inspiring Vigil with its readings, prayers and ceremonies, which brings to life the paschal mystery and the glory of the Risen Christ.



*Paschal Candle
handpainted
by the Nuns*



Starting the Paschal Fire



Preparing the Paschal Candle



Our Choir Altar decorated for May devotions



Celebrating Easter Mass



Our Prayer in Choir, Holy Week Tenebrae



Our vegetable garden

*Gardening,
Vegetables
& Flowers*



*Caring for
our chickens and
gathering eggs*



Sacristy work preparing for Mass



Kitchen work, cooking and serving



*Arts and crafts,
including soap and
handmade items*



This year is the 40th Anniversary of the founding of our Carmelite Auxiliary. Ellecia Hall was the first President, followed by Carol Grantges, Mary Frances Dorskocil, Margie Phillips and many more. They were instrumental in forming the Auxiliary as a means of support for our community. It has increased in numbers through the years and now numbers more than 200 members. Deo Gratias!

We are so grateful for the wonderful support they have been to us through the years and for their kindness in providing us with groceries and paper goods, as well as their yearly donation.

May our Carmelite Saints obtain many graces and blessings for our dear Auxiliary and intercede for their families and dear ones for years to come.



Novena to Our Lady of Mt. Carmel ~ July 8 - 16, 2025



O most beautiful Flower of Mount Carmel, Fruitful Vine, Splendor of Heaven, who brought forth the Son of God, still remaining a Virgin, assist me in this my necessity. O Star of the Sea, help me, and show me that you are my Mother.

O Holy Mary, Mother of God, Queen of heaven and earth, I humbly ask you from the depths of my heart to help me in this necessity. There are none who can withstand your power. O show me that you are my Mother.

O Mary, conceived without sin, pray for us who have recourse to you.

Sweet Mother, I place this cause in your hands.

Please join with us in praying our novena to Our Lady of Mt. Carmel from July 8 - 16th this year. Our Blessed Mother loves her children and will intercede faithfully for us during these days of prayer.

The public Mass in her honor will be announced on our website before the Feast Day. Let us honor Our Lady and be grateful to her for her constant care and motherly presence in our lives.

She gave her life completely to God and served Him faithfully all the days of her life by caring for Jesus and St. Joseph in the home. Their simple family life is an example for us all in living for God and being totally dedicated to Him.

In these summer months let us remember our obligation in faith to worship Our Lord and follow in Our Lady's footsteps.





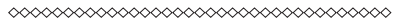
*Please help us to replace the light fixtures in our Chapel,
which are not aesthetically pleasing!*

In this 40th anniversary year of the Dedication of our Chapel and Monastery we are facing some major repair work to our plumbing system, and we continue the slow process of renovating our Chapel. Our most pressing need is to replace our lighting in the Chapel. We would like to make it more aesthetically pleasing and more functional so that it provides good lighting in the Chapel after our experience of the limitations of the initial design.

Regarding the plumbing failures, the pipes that are in place to vent the plumbing system in the building, especially in the upstairs dormitory area, are failing due to being made from cast iron, which is now 40 years old and starting to rust and crack.

We ask your assistance in replacing these pipes or finding an alternative solution so that the sinks will drain properly.

The funds from this mailing will be used to pay for these necessary updates and repairs.





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~ The Visit of Bishop Bernard Fellay, SSPX ~



Bishop Fellay of the Society of St. Pius X graciously visited our community several times within the past year, in August and December of 2024, and in January 2025. He gave us the joyful news of our acceptance by the Society, presided over our community elections and was present at the renewal of profession of our young Sisters in temporary vows. We are very grateful for his support!

The Society of St. Pius X was founded with the objective of forming priests who are dedicated to the mission of preaching the Gospel and forming souls according to authentic Catholic teaching and tradition. They have been faithful to this mission for over 50 years! God bless them!

Centenary of the Canonization of St. Therese of Lisieux, the "Little Flower"

~ May 17, 1925 - 2025

We rejoice to commemorate this special anniversary of our dear St. Therese! May she obtain many graces for all her devotees and for the whole Church.

*Please remember us
when revising or making your Will.*

*Our legal name is:
Discalced Carmelite Nuns
Our Federal ID # is:
35-2516195*

Discalced Carmelite Nuns
Associated with the SSPX
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Visit our website:
www.carmelnuns.com